

Answer these questions on the Jack Westin Serotonin Passage to make sure you understood it.

What is the main molecule being talked about in the passage?

What is the function of serotonin?

What is serotonin made from?

What are the key factors in the rate of synthesis of serotonin?

What is serotonin metabolized to and by which enzymes?

What’s the significance of 5-HIAA?

How does 5-HIAA relate to Seasonal Affective Disorder (SAD)? Why could low levels of 5-HIAA be linked to SAD?